



CAPE MEMORY CARE

A place of understanding.
A life of belonging.

Helderberg Memory Care

**SPECIALIST DEMENTIA CARE
COMING TO HELDERBERG**

A safe, compassionate home where
dignity and meaningful living come first.

Cape Memory Care is designed for people
living with dementia who deserve more than
basic care — they deserve beauty, structure,
understanding, and belonging.



SPACES ARE LIMITED—ESPECIALLY AT OUR
HELDERBERG LAUNCH. GET IN TOUCH TO
RECEIVE PRIORITY UPDATES.


**OPENING
LATE 2026**



Care that feels like home,
People who feel like family.

— Our Promise to You



What Makes Us Different

We believe that exceptional memory care is built on a
foundation of dignity, understanding, and community.



**Person-centred
care**

Personalized care
lives that honor
individual preferences
and life stories.



**Beautiful, safe
environment**

Thoughtfully
designed spaces
that promote
independence and
well-being.



**Meaningful
living**

Engaging activities
and routines that
bring purpose and
joy each day.



**Expert, caring
team**

Dedicated
professionals
trained in dementia
care and
compassionate
support.



**Proudly based in
the Helderberg**

Rooted in the local
community with deep
understanding of
family needs.



Our Approach

We believe that exceptional memory care goes beyond
meeting physical needs—it's about nurturing the spirit,
honoring individuality, and creating moments of joy
and connection every day.



Person-centred care

We see the person first, not the diagnosis. Each resident's
life story, preferences, and personality guide their care.



Home-like environments

Beautiful, familiar spaces with personal touches,
comfortable furnishings, and warm lighting create
a true sense of home.



Meaningful routines

Structured days with purposeful activities, social
connections, and gentle routines that provide
comfort and engagement.



Dignity and belonging

Every interaction is rooted in respect, fostering
genuine connections and a strong sense of community.



Support for families

We partner with families, providing guidance, regular
updates, and peace of mind throughout the journey.



The Cape Memory Care Promise

We promise to treat every resident with the dignity,
respect, and compassion they deserve. Our approach
is built on understanding, patience, and a deep
commitment to quality of life.

Opening Soon

We're bringing premium memory care to
communities across the Western Cape,
starting with our flagship facility in the Helderberg.



HELDERBERG

Opening Late 2026

Primary launch site with warm,
secure, supportive memory care
environment. Limited availability
at launch.

**OPENING
FIRST**



PAARL

Opening 2027

Register early for updates on
our second location, bringing the
same quality care to the
Winelands region.



SOUTHERN SUBURBS

Opening 2027

Planned expansion to serve
families in Cape Town's
southern suburbs with our
signature memory care approach.



Planning ahead or need support soon?
Get in touch today for updates and
personal guidance.

Get in Touch

We're here to answer your questions,
provide guidance, and help you
explore the best options for your
loved one.



Chat on WhatsApp

We're just a message away.



Call Us

+27 76 616 5672



Email Us

info@capememory.co.za



Because every day
deserves to be meaningful.

If you are planning ahead or need support
soon, we'll guide you through the next
steps with compassion and expertise.



CAPE MEMORY CARE

A place of understanding.
A life of belonging.

Premium memory care designed
with dignity, compassion, and excellence.

Our Locations



Helderberg

Opening Late 2026 | Flagship Location



Paarl (Winelands)

Opening 2027



Southern Suburbs (Cape Town)

Opening 2027

Contact Us



+27 76 616 5672



info@capememory.co.za



Mon - Fri: 8:00 - 17:00

Weekend: By appointment

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